## April 2015 Newsletter





## Children's Lighthouse

1801 Bagdad Road

512.528.5674 (v)

Cedar Park, TX 78613

512.528.5685 (f)

www.childrenslighthouse.com/cedarpark

Dear Parents,

Hopefully the spring weather is here to stay and we will be outside every day! This is a good time of year to check the extra set of clothes your child has in their cubby for both size and weather. We have a very limited amount of extra clothes and the sizes vary greatly. It is for this reason that we ask all children (regardless of age) to keep an extra set here at school.

Sunscreen may be brought to school for us to apply to your child before their afternoon playground time. We ask that sunscreen be applied prior to arriving at school for morning playground time. All sunscreen must be labeled with the child's first and last name (we suggest you use masking tape) and signed in on our sunscreen form. If you have any questions about this procedure please ask at the front desk

Thank you, Lisa Tate, Director



## **Upcoming Events**





May 25th – Lighthouse Closed



May 29th – Pre-K Graduation

June 3rd – Last Day for LISD Classes



June 6<sup>th</sup> – Lighthouse Summer Camp Starts





## SUMMER CAMP 2015



We have started accepting registrations for our "Party in the USA" Summer Camp Program. This program is open to all children who have finished public Kindergarten through 5<sup>th</sup> grade.

Ask for a packet at the front desk to see just a few of the great field trips and activities we have planned.

### Dates to Remember

## View our online calendar at

http://childrenslighthouse.com/ cedarpark/calendar/2015/4

#### April 1st

April's Fools Day – don't get fooled today

#### April 2<sup>nd</sup>

Spring Egg Hunts

#### April 3<sup>rd</sup>

School Closed

#### April 10th

National Sibling Day

#### April 13th - 17th

Larger than Life Scrabble Game

#### April 17th

Pajama Day

#### April 20th - 24th

Estimating Jar – winner announced Friday the 24<sup>th</sup>

### April 22<sup>nd</sup>

Earth Day

#### April 28th

Crazy Sock Day

#### April 29<sup>th</sup>

Class Pictures & Pre-K Graduation Pictures



For updates and photos please like us on Facebook!



# The Importance of Outdoor Play Adapted from Early Childhood News article "Take It Outside" by Rae Pica

The outdoors is the very best place for children to practice and master emerging physical skills like running, leaping, jumping, and balancing. It is also the most appropriate area for the practice of ballhandling skills, like throwing, catching, and striking. Children can also perform manipulative skills such as pushing a swing, pulling a wagon, and lifting and carrying movable objects.

#### **Outdoor Play Contributes to Learning**

The outdoors offer more than just physical benefits. Cognitive, social, and emotional development are impacted, too. Outside, children are more likely to invent games. As they do, they're able to express themselves and learn about the world in their own way. They feel safe and in control, which promotes autonomy, decision-making, and organizational skills. Inventing rules for games promotes an understanding of why rules are necessary. Although the children are only playing to have fun, they're learning:

- Communication skills and vocabulary (as they invent, modify, and enforce rules)
- Number relationships (as they keep score and count)
- Social customs (as they learn to play together and cooperate).

#### Learning to Appreciate the Outdoors

Preschoolers learn many things through their senses. Outside there are many different and wonderful things for them to see (animals, birds, and green leafy plants), to hear (the wind rustling through the leaves, a bird's song), to smell (fragrant flowers and the rain-soaked ground), to touch (a fuzzy caterpillar or the bark of a tree), and even to taste (newly fallen snow or a raindrop on the tongue).

Outdoor play is an essential part of our learning program and is intentionally scheduled for each age group, from infants to after-school. Our lesson plans are designed to incorporate learning outside, educating the whole child.

