CHILDRENS LIGHTHOUSE LEARNING CENTERS

April 3-7, 2017

Week B	Breakfast	Lunch	PM Snack	Late Snack (5pm)
Monday	Biscuit w/ Jelly Cantaloupe Milk	Cheese Pizza w/Naan Bread Mixed Vegetables Cantaloupe Milk	Carrots w/Ranch Dressing Cheese Its Water **Infant-Toddlers:** Bananas & Graham Crackers	Bananas & Graham Crackers
Tuesday	Hash Browns Strawberries Milk	Cheeseburgers (Veggie Burger) Potato Wedges Strawberries Milk	Graham Cracker & Cream Cheese Water **Infant-Toddlers:** Fig Bar & Yogurt	Graham Crackers
Wednesday	Banana Bread Oranges Milk	Turkey & Cheese Wraps Corn Oranges Milk	Goldfish & Apple Slices Water **Infant-Toddlers:** Fig Bar and Yogurt	Trail Mix
Thursday	Pancakes w/Syrup Applesauce Milk	Grill Chicken Strips (Baked Beans) Mashed Potatoes Carrots Milk	Fig Bar Applesauce Water **Infant-Toddlers:** Cheerios & Applesauce	Goldfish
Friday	Cereal Mixed Fruit Milk	Macaroni & Cheese Peas Pineapples Milk	Cornbread Muffins Milk **Infant-Toddlers:** Same as above	Vanilla Wafers

Milk and water is provided for lunch. Water is provided for snacks. Breakfast is served from 8:00am to 8:20am. Substitutions are provided for under 24 months old. Menus are subject to change, please look for postings.

CHILDRENS LIGHTHOUSE LEARNING CENTERS

April 10-14,2017

Week C	Breakfast	Lunch	PM Snack	Late Snack (5pm)
Monday	Pancakes w/Honey Mixed Fruit Milk	Chicken Nuggets (Veggie Burger) Potato Tots Mixed Fruit Milk	Trail Mix Banana Water **Infant-Toddlers:** Same as Above	Goldfish
Tuesday	Cinnamon Raisin Bagels Strawberries Milk	Spaghetti w/Meatballs (Spaghetti w/Sauce) Mixed Vegetables Strawberries Milk	Pretzels Apple Slices Water **Infant-Toddlers:** Applesauce and Fig Bar	Fig bar
Wednesday	Turkey Sausage Biscuit (Biscuit w/Jelly) Applesauce Milk	Grill Chicken (Baked Beans) Carrots Applesauce Milk	Salsa w/ Tortilla Chips/ Tortilla Wedges Water **Infant-Toddlers:** Cheerios & Yogurt	Nutri Grain Bars
Thursday	Whole Wheat Toast Orange Slices Milk	Red Beans and Rice Spinach Orange Slices Milk	Goldfish & Pineapples Water **Infant-Toddlers:** Cantaloupe & Graham Crackers	Trail Mix
Friday	Cereal Pineapples Milk	Chicken and Cheese Quesadilla Cheese Quesadilla Green Beans Applesauce Milk	Animal Crackers & Milk Infant-Toddlers: Pineapples & Vanilla Wafers	Graham Cracker

Milk and water is provided for lunch. Water is provided for snacks. Breakfast is served from 8:00am to 8:20am. Substitutions are provided for under 24 months old. Menus are subject to change, please look for postings.

CHILDRENS LIGHTHOUSE LEARNING CENTERS

April 17-21, 2017

Week D	Breakfast	Lunch	PM Snack	Late Snack (5pm)
Monday	Bagels w/ Cream Cheese Bananas Milk	Turkey & Cheese Sandwich Carrots Banana Milk	Bread Sticks w/Marinara Sauce Water **Infant-Toddlers:** Bananas and Graham Crackers	Nutri Grain Bar
Tuesday	English Muffin Peaches Milk	Chicken Parmesan w/Noodles (Tomato Sauce w. Noodles) Broccoli Peaches Milk	Animal Cracker & Banana Water **Infants-Toddlers:** Banana and Graham Crackers	Teddy Grahams
Wednesday	Blueberry Muffins Tropical Fruit Milk	Chicken and Rice Casserole (Vegetable and Rice Casserole) Tropical Fruit Milk	Cheese & Crackers Water **Infants-Toddlers-** Same as Above	Trail Mix
Thursday	Hash Browns apple slices Milk	BBQ Chicken Sandwich (Baked Beans) Corns Apples Slices Milk	Vanilla Wafers & Yogurt **Infants-Toddlers:** Same as Above	Vanilla Wafers
Friday	Cereal Oranges Milk	Fish Sticks (Mozzarella Cheese Sticks) Peas Oranges Milk	Banana Bread Milk **Infants-Toddlers:** Same as above	Graham Crackers

Milk and water is provided for lunch. Water is provided for snacks. Breakfast is served from 8:00am to 8:20am.Substitutions are provided for under 24 months old. Menus are subject to change, please look for postings.

CHILDRENS LIGHTHOUSE LEARNING CENTERS

April 24-28, 2017

Week A	Breakfast	Lunch	PM Snack	Late Snack (5pm)
Monday	Cheese Toast Bananas Milk	Chicken Tacos (Black Beans) Corn Banana Milk	goldfish and yogurt Water **Infant-Toddlers:** same as above	Vanilla Wafers
Tuesday	Pancakes w/Syrup oranges Milk	Cheese Ravioli w. Sauce Oranges Green Beans Milk	Cheez-it Oranges Water **Infant-Toddlers:** Fig Bar & Yogurt	Chex Mix
Wednesday	Bagels apples slices Milk	Grill Cheese Sandwich Peas and Carrots Apple Slices Milk	Fig Bar & Applesauce Water **Infant-Toddlers:** Same as Above	Gold Fish
Thursday	French Toast Sticks Applesauce Milk	Salisbury Steak & Rice (Veggie Burger) Spinach Milk	Cheese & Crackers Water Infant-Toddlers: Cheese & Crackers	Nutri Grain Bar
Friday	Cereal Mixed Fruit Milk	Cheese Pizza Peas Pineapples Milk	Blueberry Muffins Milk Infant-Toddlers: Same as Above	Graham Crackers

Milk and water is provided for lunch. Water is provided for snacks. Breakfast is served from 8:00am to 8:20am. Substitutions are provided for under 24 months old. Menus are subject to change, please look for postings.

April 2017

Artist of the Month:



Eric Carle

Science & Nature:



Insects, Toads & Frogs

Monthly Theme:

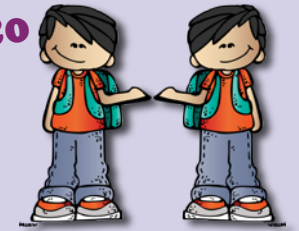
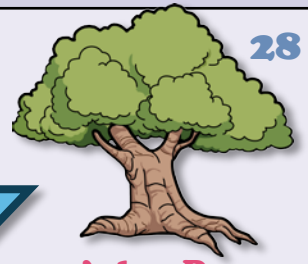


Life Cycles

Character Value:



Fairness

Monday	Tuesday	Wednesday	Thursday	Friday
3 	4  Library Book Love Day	5	6 	7
10  Nat'l Siblings Day	11	12  Cosmonaut Day	13  Egg Hunt!	14  Good Friday
17  Nat'l Pet Day	18	19	20  Nat'l Lookalike Day	21
24  World Laboratory Day	25  Nat'l Penguin Day	26	27	28  Arbor Day

Spanish Class Mondays/Tuesdays

Tumble Bus Wednesdays

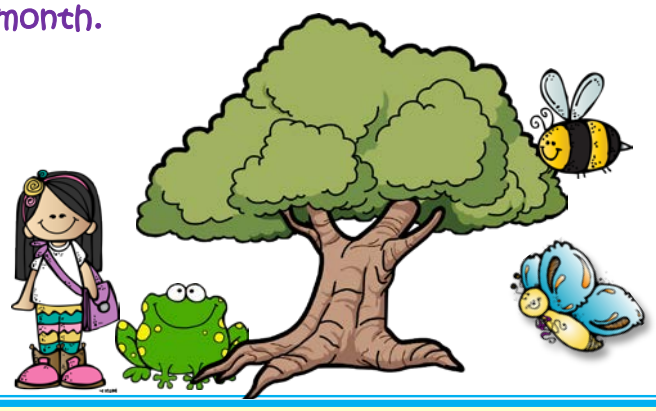
Dance Class Thursdays/Fridays

CHILDRENS LIGHTHOUSE
7420 McCrimmon Parkway
Cary, NC 27519
(919) 388-0470

April 2017

Dear Parents,

April is our month for studying insects and life cycles. Not only will we be creating several artistic representations of life cycles, we'll also be watching the life cycle of ladybugs and butterflies unfold in the classroom. Be sure to check out our "Ladybug Land" and "Butterfly Garden" this month.



IMPORTANT DATES



TUMBLE BUS : WEDNESDAYS !

Spanish Class Mondays/Tuesdays
Dance Class Thursdays/Fridays!

04/13: Egg Hunt!
04/14: CENTER CLOSED
4/17: Group Pictures (2's and up)
4/22: Picnic in the Park (Sears Farm Road Park 10am-12pm

Please be mindful of individual daily schedules to gain the best educational benefit from our school

Birthdays!

Children:

Trip K.	04/04	Jaxon D.	04/19
Suhas M.	04/06	Emma D.	04/19
Alex O.	04/08	Paul L.	04/22
Chestha S.	04/12	Ananya D.	04/22
Hunter E.	04/19	Krish D.	04/24
Paige V.	04/25		
Prina A.	04/27		
Rithvi K.	04/28		

Staff:

Jennifer W.	04/21	Jasmine M.	04/23

Family of the Month

The Ingold Family

Bobbi and Travis are the proud parents of four-year-old Traci, who is one of our fabulous Pre-K students. The Ingold family joined CLLC West Cary in May 2016 when Traci began attending our Threes classroom, and her fabulous personality has been shining through ever since! Thank you, Ingold family for being a part of Children's Lighthouse!!!



REMINDER!!!

BREAKFAST IS SERVED DAILY FROM 8:00-8:20 A.M. CHILDREN'S LIGHTHOUSE IS A NUT-AND-RAW EGG-FREE FACILITY. PLEASE, WE RESPECTFULLY REQUEST THAT YOU NOT BRING IN FOOD CONTAINING THESE PRODUCTS.